

# Experience the Love You Already Are

## Journaling to Channel Messages from Your Loved Ones

In this high place  
It is as simple as this,  
Leave everything you know behind.

Step toward the cold surface,  
Say the old prayer of rough love  
And open both arms.

Those who come with empty hands  
will stare into the lake astonished,  
there, in the cold light  
reflecting pure snow  
the true shape of your own face.

-David Whyte

**Where:** Sally Sacks and Associates  
435 King Street, Suite 202  
Littleton MA 01460

**Date:** TBA

**Time:** TBA

**Preregistration is Required.**

[healingswithmolly.com](http://healingswithmolly.com)

Contact: 978-799-9751

Are you losing yourself in relationships, addictions, and/or your lack of belief in your own self-worth?

In this innovative and powerful journaling workshop, Molly Salans, will combine inspirational poetry (such as the poem above) and the Constellation Approach, to invoke the very messages you need to inspire and help you let go of your false beliefs and inspire you to reclaim the many-faceted aspects of your "True Face."

You'll enter your Family Soul, the seat of Unconditional love, and open to the loving force of your subconscious, poetic nature where your Loved Ones dwell. In this place, you'll receive messages of Light, meant specifically for you.

**All are welcome. No writing, poetry or channeling experience necessary.**

Molly Salans, LICSW is an inspirational speaker, healer and psychotherapist.  
She's been serving the Greater Boston Area for over 20 years.