

Journaling to Channel Messages from Your Loved Ones

The Swan

This clumsy living that moves lumbering
as if in ropes through what is not done,
reminds us of the awkward way the swan walks.

And to die, which is the letting go
of the ground we stand on and cling to every day,
is like the swan, when he nervously lets himself down
into the water, which receives him gaily
and which flows joyfully under
and after him, wave after wave,
while the swan, unmoving and marvelously calm,
is pleased to be carried, each moment more fully grown,
more like a king, further and further on.

– Rainer Maria Rilke

Where: Vita Therapia
234 Littleton Road
Westford MA 01886

When: Sunday, March 10

Time: 1:00 - 4:00 p.m.

Cost: \$65 | Early Bird Special:
\$55 if paid by January 30

Preregistration is Required.

healingswithmolly.com

Contact: healingswithmolly@gmail.com
978-799-9751

Are you losing yourself in relationships, addictions, and/or your lack of belief in your own self-worth?

In this innovative and powerful journaling workshop, Molly Salans, will combine inspirational poetry (such as the poem above) and the Constellation Approach, to invoke the very messages you need to inspire and help you let go of your false beliefs and inspire you to reclaim the many-faceted aspects of your "Inner Swan".

You'll enter your Family Soul, the seat of Unconditional love, and open to the loving force of your subconscious, poetic nature where your Loved Ones dwell. In this place, you'll receive messages of Light, meant specifically for you.

All are welcome. No writing, poetry or channeling experience necessary.

Molly Salans, LICSW is an inspirational speaker, healer and psychotherapist.
She's been serving the Greater Boston Area for over 20 years.